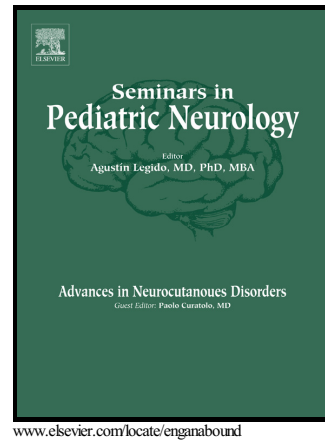


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Neonatal screening for inherited metabolic diseases in 2016

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ABBREVIATIONS

BCKD	branched-chain α -ketoacid dehydrogenase complex
BKT	β -ketothiolase

C0	free carnitine
C2	acetylcarnitine
C3	propionylcarnitine
C5	isovalerylcarnitine
C5:1	tiglylglycine
C5DC	glutaryl carnitine
C5OH	3-hydroxy-isovalerylcarnitine
C6DC	3-methyl-glutaryl carnitine
C8	octanoylcarnitine
C16	palmitoylcarnitine
C16-OH	3-hydroxyhexadecanoylcarnitine
C17	heptadecanoic acid
C18-OH	3-hydroxyoctadecanoylcarnitine
C18:1-OH	3-hydroxyoctadecenoylcarnitine
CACT	carnitine acylcarnitine translocase
CBS	cystathionine β -synthase
CPT1	carnitine palmitoyltransferase I
CPT2	carnitine palmitoyltransferase II
CTD	carnitine transporter deficiency
DBS	dried Blood spots
FAO	fatty acids oxidation
GA-1	glutaric aciduria type 1
GAMT	guanidinoacetate methyltransferase
GALT	galactose uridyltransferase 1-phosphate
HCS	holocarboxylase synthase deficiency
HCY	homocystinuria
HMG	3-hydroxy-3-methylglutaric aciduria
IQ	intellectual quotient
IVA	isovaleric acidemia
LCHAD	long chain acyl-CoA dehydrogenase
LSDs	lysosomal diseases
MAD	multiple acyl-CoA dehydrogenase
MCAD	medium chain acyl-CoA dehydrogenase
3-MCC	3-methylcrotonyl-glycinuria
2M3HBD	2-methyl-3-hydroxybutyryl CoA dehydrogenase deficiency

MMA	methylmalonic aciduria
MPSI	mucopolysaccharidosis type I
MS/MS	spectrometry mass
MSUD	maple syrup disease
MTHFR	methylenetetrahydrofolate reductase
MTP	mitochondrial trifunctional protein
MUT	methylmalonyl-CoA mutase
NBS	newborn screening
OTC	ornithine transcarbamylase
PA	propionic acidemia
Phe	phenylalanine
PKU	phenylketonuria
TYR 1	tyrosinemia type 1
UCD	urea cycle disorder
VLCAD	very long chain acyl-CoA dehydrogenase
X-ALD	X-linked adrenoleukodystrophy

SUMMARY

The scope of newborn screening (NBS) programs is continuously expanding. NBS programs are secondary prevention interventions widely recognized internationally in the field of Public Health. These interventions aimed at early detection of asymptomatic children affected by certain diseases, with the objective to establish a definitive diagnosis and apply the proper treatment to prevent further complications and sequelae and ensure a better quality of life.

The most significant event in the history of neonatal screening was the discovery of phenylketonuria (PKU) in 1934. This disease has been the paradigm of inherited metabolic diseases. The next paradigm was the introduction of tandem mass spectrometry in the NBS programs that makes possible the simultaneous measurement of several metabolites and consequently, the detection of several diseases in one blood spot and in a unique analysis.

We aim to review the current situation of neonatal screening in 2016 worldwide and show scientific evidence of the benefits for some diseases. We will also discuss future

challenges. It should be taken into account that any consideration to expand a NBS panel should involve a rigorous process of decision-making that balances benefits against the risks of harm.

INTRODUCTION

Inherited metabolic diseases are especially relevant due to the high morbidity and mortality, the high risk of recurrence in affected families, the possibility of therapeutic options and the potential identification of asymptomatic infants through the neonatal screening (NBS) programs

NBS programs are secondary prevention interventions widely recognized internationally in the "field of Public Health. These interventions aimed at early detection of asymptomatic infants affected by certain diseases, most of them rare diseases, with the objective to establish a definitive diagnosis and apply the proper treatment to prevent further complications and sequelae and ensure a better quality of life.

The most significant event in the history of neonatal screening was the discovery of phenylketonuria (PKU) by Dr. Asbjørn Folling in 1934¹. PKU has been the paradigm of inherited metabolic diseases. It was also the first time that a biochemical explanation for the mental retardation was given. In addition, he developed a test for detecting the disease by adding ferric chloride to two affected brothers' urine. As a result of the reduction of iron, the urine turned green. He later showed it was due to accumulation of phenylpyruvic acid. In 1953 Dr. Bickel established an effective treatment for PKU². He proposed that the general development of children with PKU would be practically normal if phenylalanine would be restricted in the diet from the neonatal period. This fact led to the prospective studies of disease detection in many countries, and in 1958 the first population screening program was carried out in the city of Cardiff using the Folling test.

The USA NBS programs began in the early 1960's, when Dr. Robert Guthrie described a simple screening test to measure phenylalanine in large populations in blood spots³. The benefits of newborn screening in children quickly attracted the population support because the early low-phenylalanine diet could prevent progression of intellectual and developmental disability. Since then, the large-scale screening became possible. The universal newborn screening program for PKU started in Massachusetts in 1963 and many countries quickly established their own NBS programs.

The next paradigm was the introduction of tandem mass spectrometry (MS/MS) in the NBS programs. Mass spectrometry is an analytical technique that allows the identification and quantification of compounds in a biological sample according to the mass/ charge ratio. This methodology was one of the triggering factors of the revision and expansion of NBS programs worldwide, that makes possible the simultaneous measurement of several metabolites and, consequently the detection of several diseases in one blood spot and in an unique analysis. Millington and Chace^{4,5} were the pioneers in implementing MS/MS in NBS through the analysis of amino acids and acylcarnitines, allowing the identification of a number of aminoacid disorders, organic acidurias and mitochondrial fatty acid β -oxidation disorders. In addition, ratio measurements of one analyte respect to another are also possible, which improves the specificity of screening^{6,7}. For that reason MS/MS is currently used in many NBS programs⁸.

The role and scope of NBS is expanding. While traditional newborn screening was only concerned with few diseases associated with mental retardation, the programs now include disorders that can cause premature death, inherited metabolic diseases, hemoglobin diseases, lysosomal storage disorders, and others. It should be taken into account that any consideration to expand a NBS panel should involve a rigorous process of decision-making that balances benefits against the risks of harm⁹. We aim to review the current situation of neonatal screening in 2016 worldwide and show scientific evidence of the benefits for some diseases. We will also discuss future challenges.

Worldwide inherited metabolic diseases included in the neonatal screening (NBS) programs in 2016

After the introduction of MS/MS^{4,5} in NBS laboratories some states in the USA began NBS for up to 30 different disorders. In response to a lack of national uniformity, the Newborn Screening Task Force of the American Academy of Pediatrics recommended the development of a national system to coordinate NBS standards and policies¹⁰. In 2003, the Secretary of Health and Human Services formed an Advisory Committee to provide recommendations on screening tests, technologies, policies, guidelines, and standards¹¹. The Committee recommended screening for a panel of 29 core disorders and 25 secondary target disorders, the last obtained mainly by differential diagnosis of the core conditions. These disorders included organic acids, amino acids and mitochondrial fatty-acid oxidation disorders¹², but not all the states screen for all the

conditions (table 1). Since then, the Committee has evaluated a further 12 disorders and three have been added to the recommended NBS panel¹¹.

Canada has 15 regions and although individual territories have their own decision-making processes, all programs include cystic fibrosis and congenital hypothyroidism (not shown in table 1), as well as, medium chain acyl-CoA dehydrogenase (MCAD) deficiency and phenylketonuria (PKU)¹³.

In 2009, the European Commission initiated a review of current NBS services and a network of experts to assess and recommend a core panel of disorders to be screened was nominated¹⁴. However, currently the variability in the content of screening programs in the European Union is very high, as there are programs that include up to 30 disorders and others include only two. In addition, the different conditions or diseases vary not only among the different European countries but also within different regions of a particular country. Therefore, there is an urgent need to have a consensus to the diseases that should be included in the 48 European countries¹⁵.

In the Middle East and North Africa, comprising 21 countries, neither exist uniformity in the panels, and the NBS by MS/MS is selective or limited, while for congenital hypothyroidism there is a high coverage¹³ (table 1).

The 20 countries of Latin America and the 24 countries of Asia Pacific neither have a consensus uniform panel (table 1) and except one or two countries, all of them screen for congenital hypothyroidism (data not shown).

Currently, developed countries worldwide have adopted NBS programs. Very recently Therrell et al¹³ published an extensive review, country by country, that we grouped by geographic areas and have summarized in table 1.

Core diseases and evidence of newborn screening benefits

Aminoacid disorders

Phenylketonuria (PKU), the paradigmatic aminoacid disorder, has been included in almost all the NBS programs worldwide (table 1) and is considered the first successful story of NBS. There is not any doubt that PKU must be included in the NBS programs. Concerning the other aminoacid disorders there are some variability among different geographic areas. All US states, except two, perform screening for all the core aminoacid disorders. In Canada the proportion is about 30%. In Europe, Middle East and North Africa, Latin America and Asia Pacific the proportion is around 50%, except that the tree later geographic areas do not screen for argininsuccinic aciduria (table 1).

Phenylketonuria

PKU, (OMIM# 261600) is one of the most common inborn errors of amino acid metabolism, and was the first disorder detected by NBS programs^{3,16}. High levels of phenylalanine (Phe) can cause serious irreversible brain damage¹⁷. Phe measurement on DBS is an easy test that allows the early identification of PKU and also benign hyperphenylalaninemia (Fig.1).

Benefits of NBS. PKU has been the paradigm of inherited metabolic disorders. After more than five decades of NBS a number of studies have demonstrated that early detection and treatment at birth prevents neurocognitive impairment, and even these patients can accomplish an adequate apprenticeship¹⁸. Nevertheless, neurophysiological and neuropsychological impairments may still persist in treated PKU patients¹⁹⁻²¹. Patients who were late-diagnosed have irreversible neurological damage; however in many cases there may be partial reversibility of cognitive deficits^{18, 22-23}.

Homocystinurias

Homocystinuria due to cystathionine β -synthase (CBS) deficiency (MIM# 236200) is the second most common disorder of amino acid metabolism. In addition to CBS, there are other conditions that present with homocystinuria, like remethylation defects, methylenetetrahydrofolate reductase deficiency (MTHFR OMIM#236250) or cobalamin biosynthesis defects, cblE, cblG, cblD-HCY and cblX; or other cobalamin defects that in addition present with methylmalonic aciduria (cblC, cblF, cblJ and cblD-MMA-HCY); see "organic acid disorders". All these disorders are detected through the analysis of the same primary markers on DBS (Fig.1). Moreover, the specific second-tier test homocysteine, methylmalonic acid and methylcitric acid allow for the differentiation between CBS and the remethylation defects, and the cobalamin metabolism defects²⁴ (Fig.1). However, it is important to adjust the analyte cut-off values adequately, since missed cases of false negatives of cblC and CBS have been described²⁵.

Benefits of NBS. Early treatment in CBS deficiency can prevent ocular²⁶ and vascular complications²⁷. Morbidity is also prevented and some patients present normal intellectual quotient (IQ)^{27,28}. Contrarily, late diagnosed and late-treated patients develop ocular and vascular problems^{26-27, 29-30}. Similarly, in MTHFR deficiency there is also evidence of a clear clinical effect on early treatment preventing mortality and allowing normal psychomotor development³¹. In cblE and cblG patients a positive impact of early treatment has been observed^{32,33}, while in other cblE patients, the

overall impact of treatment on neurodevelopmental disabilities is moderate. The impact is negative or moderate on eye^{34,35}.

Screening for CBS deficiency is highly recommended, since a large group is pyridoxine responsive. NBS for severe MTHFR deficiency is also recommended since early betaine administration is associated with a positive outcome. For the cblD-Hcy, cblE and cblG defects, NBS experience is very limited, but can be considered due to the evidence described in some cases about the benefit of early treatment²⁴.

Maple syrup urine disease

Maple syrup disease (MSUD, OMIM# 248600) is one of the most severe amino acid disorders. It is caused by deficiency of the branched-chain α -ketoacid dehydrogenase complex (BCKD) leading to high levels of branched-chain amino acids (leucine, isoleucine and valine). In the classical MSUD, clinical onset usually occurs within the first days of life, with acute metabolic decompensation³⁶.

NBS detection consists on the measurement of the primary markers leucine, valine and isoleucine on DBS. The analysis of alloisoleucine as second-tier test is very useful³⁷ as it is pathognomonic of MSUD and allows the differential diagnosis from other conditions (Fig.1).

Benefits of NBS. Several studies have demonstrated beneficial effects of early detection by NBS. A correlation between high plasma leucine levels and neurological damage has been reported^{38,39}, since leucine is a potent neurotoxic metabolite⁴⁰⁻⁴¹. IQ is directly correlated with the prolonged amino acid imbalances that are present in these patients, mainly during the first years of life, resulting in structural and functional neurologic abnormalities that have morbid long-term psychomotor consequences⁴²⁻⁴³. Therefore, a frequent amino acid monitoring is essential⁴⁴. In late-diagnosed patients encephalopathy and cerebral edema are frequently present⁴⁴⁻⁴⁵. Evidence reflects the aggressiveness of MSUD. Therefore, early detection is recommended to prevent irreversible neurological damage.

Citrullinemia type I and Argininosuccinic aciduria

Citrullinemia type I is a urea cycle disorder (UCD) caused by argininosuccinate synthetase deficiency (OMIM#215700), that produces a severe hyperammonaemic encephalopathy resulting in neurological and mental impairment and even death, if the start of treatment is delayed. NBS is based on citrulline measurement on DBS.

Increased citrulline is also present in argininosuccinic aciduria (MIM#207900), but the measurement of argininosuccinic acid permits the specific identification of this entity

(Fig.1). It is also important to take into account the possibility of other diagnosis presenting with high citruline levels, such as citrin deficiency or pyruvate carboxylase deficiency⁴⁶.

Benefits of NBS. Early detection represents an advantage for citrullinemia type I and argininsuccinic aciduria, and also for other UCD. Patients can present with early neonatal onset or late onset forms. Neonatal mortality in the severe forms has been reported at about 50 %⁴⁷. Blood ammonia level during the first hyperammonaemic attack is correlated with neurodevelopmental outcome⁴⁸⁻⁴⁹. For that reason, it is important to diagnose UCD when the blood ammonia levels in patients are low⁵⁰. Early detection of citrullinemia and also argininsuccinic aciduria in the first days of life by NBS could prevent irreversible neurological damage. Consequently, it should be considered the inclusion of these amino acid disorders, extensive to other UCDs, in NBS programs in order to benefit from their early diagnosis.

Tyrosinemia type I

Tyrosinemia type I (TYR1, OMIM#276700) is characterized by a severe hepatorenal dysfunction with high risk of hepatocellular carcinoma if treatment is not implemented⁵¹. Porphyria-like neurological crisis are also present while cardiomyopathy is less frequently observed⁵²⁻⁵³. This disease is caused by the deficiency of fumarylacetoacetase leading to an accumulation of tyrosine and succinylacetone. High levels of tyrosine overlap with tyrosine concentrations found in common benign transient tyrosinemia of the neonate, and other entities such as Tyrosinemia type II and Tyrosinemia type III⁵⁴. Moreover, normal tyrosine levels can be found in the first few days of life⁵⁵, resulting in potential false negatives. Measurement of succinylacetone in DBS allows to identify TYR1 specifically. Therefore, succinylacetone should be used as primary marker for the detection of this disease⁵⁶ (Fig. 1).

Benefits of NBS. Up to now NBS of TYR1 have been unsuccessful in many countries due to its relative rarity, unproven cost-benefit value of early diagnosis and lack of availability of succinylacetone test⁵⁵. Recently, several studies reported the outcome of patients diagnosed from NBS, compared with the outcome of patients diagnosed following clinical presentation. No evidence of liver or kidney disease was observed in screened patients, in contrast to patients who presented clinically that had poorer outcome, including chronic liver disease with liver transplant requirement in many of them^{51,57-59}.

Therefore, an early diagnosis and treatment in TYR1 is effective in preventing liver disease and the risk of hepatocellular carcinoma^{55,59}.

Organic acidurias.

The number of states and countries that perform screening for the organic acidurias is the same for all the conditions, except for methylmalonic acidurias. All the US states, except two, perform screening for organic acidurias. In Latin America and Asia Pacific the proportion is around 50%, in Europe 40%, in Canada only 20% and in Middle East and North Africa the screening for these conditions is limited or selective (table 1).

Propionic acidemia

Propionic acidemia (PA) (OMIM# 606054) is caused by deficiency of the mitochondrial enzyme propionyl-CoA carboxylase. NBS for PA, and related diseases of propionate metabolism, is performed in DBS through elevation of propionylcarnitine (C3) with high propionylcarnitine/acetylcarnitine ratio (C3/C2), C3/ palmitoylcarnitine(C16) and low methionine. Recently, heptadecanoic acid (C17) has been proposed as new biomarker to improve the analytical performance of this metabolism⁶⁰. Specificity is highly improved by the measurement of methylcitrate, methylmalonate and total homocysteine in DBS as second tier test. The last test, allowing the differential diagnosis of PA from the isolated or combined methylmalonic acidemia with homocystinuria (Figure 2)

Benefits of NBS. Data on the benefit of NBS for PA are sparse. Whereas PA is widely screened for in NBS programs, some NBS guidelines do not advocate screening for this disorder. Dionisi-Vici et al (2006)⁶¹ reported that diagnosis through NBS is not associated with a milder clinical course or better neurocognitive outcome. In 2012, twenty PA patients diagnosed through NBS were compared to 35 patients diagnosed clinically⁶². This paper was followed by another study in 2013⁶³. These authors concluded that poor intellectual development is still the rule in PA and although improved acute and long-term management have increased the survival rates within the last decades, the neurologic outcome of PA patients is still unsatisfactory even if NBS is performed.

Isolated methylmalonic acidemia

Isolated methylmalonic acidemia (MMA), is caused by complete or partial deficiency of the enzyme methylmalonyl-CoA mutase (*mut^p* or *mut^f*), a defect in the transport or

synthesis of its cofactor, adenosyl-cobalamin (*cbIA*, *cbIB*, or *cbID*-MMA), or deficiency of the enzyme methylmalonyl-CoA epimerase.

Benefits of NBS. The near-universal implementation of expanded newborn screening by MS/MS has afforded the early detection of patients with a wide spectrum of disorders such as isolated MMA, where long-term outcomes are still pending, and further multicentre longitudinal studies are needed to assess the usefulness of newborn screening for these diseases⁶¹.

Combined methylmalonic aciduria with homocystinuria (cbIC and cbID)

Both defects affect the synthesis of methylcobalamin, and of adenosylcobalamin. The *cbIC* defect (OMIM#277400), is the most common disease⁶⁴. Primary markers and second tier test for NBS are the same of PA (Fig. 2); also the same markers are useful for the detection of the other disorders including *cbIF* and *CblJ*, but efficacy and feasibility of screening for *cbID*, *cbIF* and *CblJ* is unknown²⁴.

Benefits of NBS. Despite identification by NBS and early treatment, 11/12 patients showed developmental delay, 8/9 brain pathologies, 10/11 muscular hypotonia, and 9/12 nystagmus at a mean age of 50 months⁶⁵. Screening for the *cbIC* defect should be considered since in the early-onset *CblC* defect response to treatment has been observed for non-neurological symptoms. For late-onset patients treatment is mostly beneficial, especially when initiated before irreversible organ damage has occurred.

Glutaric aciduria type I

Glutaric aciduria type I (GA-1, OMIM#231670) is due to glutaryl-CoA dehydrogenase deficiency. NBS is performed by the identification of elevated glutarylcarnitine (C5DC) and/or high ratios of C5DC/palmitoylcarnitine (C16), C5DC/octanoylcarnitine (C8) and other secondary markers. Specificity substantially increases by analyzing glutaric acid, 3-hydroxylglutaric acid and 2-hydroxylglutaric acid in DBS as a second tier test (Fig. 2). The same second tier test markers are useful to discriminate GA I from multiple acyl-CoA dehydrogenase deficiency. C5DC increase may also reflect kidney failure or maternal GA I⁶⁶. Frazier et al. (2006)⁶⁷ reported two false negatives that do not exceed the cutoffs values at the time of screening. As a consequence, these authors reduced their cutoffs.

Benefits of NBS. Kolker et al reported the follow-up of 38 patients diagnosed presymptomatically of GA-I by NBS and compared the neurological outcome with a cohort of 62 patients diagnosed by clinical symptoms⁶⁸. In 89% of the screened

patients the onset of encephalopathic crisis has been prevented whereas acute encephalopathic crises or progressive neurologic impairment was common in the patients diagnosed clinically. Other authors support that, early diagnosis and treatment are essential for the good clinical evolution of GA-1 patients⁶⁹. However, previous studies obtained less satisfactory results⁷⁰. Therefore, with few exceptions, NBS allows patients to achieve an appropriate motor development, as opposed to unscreened patients that mostly develop dystonia and other serious movement disorders. Its inclusion in NBS is highly recommended.

Isovaleric acidemia

Isovaleric acidemia (IVA, OMIM#243500) is caused by a defect in leucine catabolism due to isovaleryl-CoA dehydrogenase. NBS can be performed by identification of elevated isovalerylcarnitine (C5), and high ratios C5/free carnitine(C0), C5/propionylcarnitine (C3), C5/acetylcarnitine (C2) and other secondary markers (Fig.2) However, isobaric acylcarnitines like 2-methylbutyrylcarnitine and pivaloylcarnitine can not be distinguished by the screening method⁷¹.

Benefits of NBS. Grünert et al (2012) retrospectively analyzed clinical data of a large cohort of patients with IVA⁷², 57% of them were diagnosed within the first weeks of life and 43% in childhood. Comparison of both groups showed that IQ was not related to the number metabolic crisis, but a significant inverse relationship between IQ and age of diagnosis was observed. Moreover, 82% of early diagnosed patients did not present learning disorders, compared with the 44% of patients diagnosed lately⁷². These authors concluded that mortality associated with neonatal manifestations is high, but survivors benefit from early diagnosis and treatment. The potential to avoid early mortality and to improve neurocognitive outcome reinforces IVA to be included in the for NBS programs.

3- methylcrotonyl-glycinuria

3- methylcrotonyl-glycinuria (3-MCC, OMIM#210200,210210) is caused by the deficiency of the enzyme 3-methylcrotonyl-CoA carboxylase. NBS for 3-MCC can be identified by elevated 3-hydroxy-isovalerylcarnitine (C5OH) and high C5OH/carnitine (C0) and C5OH/octanoylcarnitine (C8) ratios. These acylcarnitines may also be markers for other diseases, and differential diagnosis should be done (Fig 2). High C5OH may also reflect maternal 3-MCC⁷³.

Benefits of NBS. The California Newborn Screening Program's have reported 71 diagnosed with 3-MCC (8 cases severe, 19 cases mild-variants or heterozygote carriers- and 44 cases could not be classified). The authors concluded that a significant proportion of the 3-MCCD "confirmed" cases have a mild biochemical phenotype. These findings raise the concern that a significant number of individuals receiving treatment for 3-MCCD may not have a clinically significant condition⁷⁴. Other authors⁷⁶ reported a cohort of 88 3-MCC patients, 53 identified by newborn screening, 26 diagnosed due to clinical symptoms or positive family history and 9 mothers, identified following the positive newborn screening result of their baby; 57% of patients were asymptomatic while 43% showed clinical symptoms, many of which were probably not related to MCC deficiency but due to ascertainment bias. However, 12 patients (5 of 53 identified by newborn screening) presented with acute metabolic decompensations. Their data confirm that MCC deficiency, despite low penetrance, may lead to a severe clinical phenotype resembling classical organic acidurias. However, neither the genotype nor the biochemical phenotype is helpful in predicting the clinical course.

3-Hidroxy-3-methyl glutaric aciduria

3-Hidroxy-3-methyl glutaric aciduria (HMG, OMIM#246450) is caused by the deficiency of 3-hydroxy-3-metilglutaril-CoA lyase (HMG-CoA lyase). This enzyme is involved in the metabolism of leucine. Two phenotypes have been described, the neonatal form in approximately 30% of the cases and late form that usually occurs between 3 and 11 months of age and affects approximately 60% of cases⁷⁶⁻⁷⁷. NBS for HMG can be performed by identification of elevated levels of 3-hidroxy-isovalerilycarnitine (C5OH), 3-methyl-glutarylcarnitine (C6DC) and high C5OH/carnitine (C0), C5OH/octanoylcarnitine (C8) and C5OH/acylcarnitine (C2). Therefore, diferential diagnosis with 3-MCC, 3-methylglutaconic aciduria (3MGA), 2-methyl-3-hidrobutyryl CoA dehydrogenase deficiency (2M3HBD) and beta-thiolase deficiency should be done⁷³.

Benefits of NBS. The available evidence is sparse. There are few cases of HMG detected trough the NBS programs. A report on practices for NBS programs for rare diseases in the European Union, reported explicitly that 87% of HMG cases are asymptomatic at the detection of the disease and treatment and usually starts at an average at 16 days of life⁷⁸. There are studies that conclude the response to treatment is variable and in patients initiating treatment before the onset of the disease also develop metabolic crises of varying severity with brain damage and mental retardation.

Other studies consider that early medical intervention improves prognosis with normal growth and development. There is insufficient evidence of the benefits of NBS.

Beta-Ketothiolase deficiency

Beta-ketothiolase deficiency (BKT, OMIM#203750) is a disease that affects ketone bodies and isoleucine metabolism. NBS for BKT can be performed by identification of elevated tiglylglycine (C5:1) and /or not 3-hydroxy-isovalerylcarnitine (C5OH) and high ratios C5:1/carnitine (C0), C5OH/C0, C5OH/octanoylcarnitine (C8). Therefore, differential diagnosis with other conditions should be done⁷⁹⁻⁸⁰ (fig. 2).

Benefits of NBS. The available evidence is scarce and of poor quality. A report on practices of neonatal screening in the European Union, concluded that an average of 55% of BKT cases detected by NBS were asymptomatic at diagnosis⁷⁸. Estrella J et al. 2014²⁵ believes that late diagnosis does not appear to seriously affect the patients. However, two deaths have been reported at 2 years of age due to an episode of ketoacidosis and, on the other hand, a favorable outcome of a patient with symptoms starting at 3 days of life⁸¹ was reported. One and two false negatives in the NBS programs of North Carolina⁶⁷ and Australia²⁵ were detected, respectively. However, cutoff values were not changed since the rate of false positives increased to unacceptable values. In Minnesota, over a period of 9 years, two false negative were detected, both patients had undetectable levels of C5:1 and C5OH in the asymptomatic period and only showed the characteristic profile during periods of metabolic stress⁸². Consequently, early diagnosis of BKT deficiency is more complex than other disorders, and it seems this disease does not meet the full criteria to be included in the NBS programs⁸², or at least there is insufficient evidence of the benefits of NBS.

Holocarboxylase synthase deficiency

Holocarboxylase synthase deficiency (HCS, OMIM#253270) causes multiple carboxylase deficiency. NBS for the HCS deficiency can be performed by identification of elevated 3-hydroxy-isovalerylcarnitine (C5OH) and high ratios C5OH/carnitine (C0), C5OH/octanoylcarnitine (C8). Differential diagnosis with other conditions should be done⁷³.

Benefits of NBS. The exact prevalence of HCS is unknown, and patients with this condition usually starts symptoms at a few hours, days or weeks of birth. Due to the early appearance of symptoms there are some doubts about the benefits of its inclusion in the NBS programs, but there is no doubt of the benefits of biotin treatment.

HCS is common in the Faroe Islands, for that reason Lund AM et al 2007⁸³, assessed the feasibility of neonatal screening for HCS. Eight patients from five families were found and all patients responded to treatment with biotin, these authors concluded that the diagnosis through neonatal screening detection ensures good result. Another study performed in Hong Kong between 2005 and 2009⁸⁴ concluded that HCS deficiency is one of diseases that must be included in the NBS program of Hong Kong due to its high prevalence and to the good response to treatment.

Mitochondrial Fatty acid β -oxidation disorders

The core conditions of mitochondrial fatty acids oxidation (FAO) disorders are outlined in grey in fig.3, these conditions have been included in all NBS states of US. In Canada all regions perform screening for MCAD, while the other core conditions are only screened in 60% of the regions. All these diseases are included in the 76% of the countries from Middle East and North Africa and in the 50% of the countries from Europe, Latin America and Asia Pacific (table 1). The other FAO conditions are only included in 25 % of the US states and European countries, and in one region in Canada (table 1).

Medium chain acyl-CoA dehydrogenase deficiency

Medium chain acyl-CoA dehydrogenase deficiency (MCAD) deficiency (OMIM# 201450) is the most common fatty acid oxidation disorder. NBS is performed by the identification of a high level of the primary markers in DBS: C8 and C8/C2 ratio, among others (Fig. 3). Recently the ratio C8/ octenoylcarnitine (C8:1) has been described as an effective marker to reduce false positives, especially in very low birth weight infants⁸⁵.

Benefits of NBS. It is assumed that 50% of MCAD deficient patients have remained undiagnosed before the screening era. There is strong evidence that NBS reduces morbidity and mortality of deficient children. The benefit is particularly apparent in patients harboring the common mutation c.985A>G⁸⁶⁻⁹¹. However, sudden death in few patients, despite their detection by NBS, has been described^{88-89,92-93}. An elevation of C8 level greater than 6 $\mu\text{mol/L}$ and homozygosity for the common c.985A>G mutation, or MCAD deficiency caused by nonsense or deletion mutations, represents a particular risk of sudden death⁹³⁻⁹⁴. An Australian study revealed that the risk of death among the patients diagnosed clinically was 14% compared with 4% in the screened cohort⁹⁵. In addition, a few cases have been reported with an early onset of the disease at 12-72

hours after birth, before the neonatal screening result is obtained, in contrast it might be that some of the detected newborns will never develop clinical symptoms^{90,96-97}.

Very long chain acyl-CoA dehydrogenase deficiency

Very long chain acyl-CoA dehydrogenase (VLCAD) deficiency is the most common defect of long-chain FAO disorders (OMIM#201475). The primary markers are elevation of tetradecenoylcarnitine (C14:1), tetradecadienylcarnitine (C14:2) and high ratios of C14:1/C2 and C14:1/C16 among others (Fig.3). It should be taken into account that long-chain acylcarnitines in DBS can normalize from the fourth day of life, and the diagnostic can be missed⁹⁸⁻⁹⁹. Some false positives with an increase of C14:1 are detected. A C14:1 level > 1 $\mu\text{mol/L}$ strongly suggests VLCAD deficiency, whereas concentrations $\leq 1 \mu\text{mol/L}$ do not allow a clear discrimination among affected patients, carriers, and healthy individuals. Further diagnostic evaluation, including enzyme and molecular analyses, is essential to identify the deficiency correctly⁹⁹⁻¹⁰⁴.

Benefits of NBS. Implementation of NBS has significantly reduced morbidity and mortality of VLCAD deficiency, but NBS also identifies a great number of mildly affected patients that may never develop clinical symptoms¹⁰⁴. A retrospective analysis of 242 newborns with elevated C14:1-acylcarnitine on NBS in California, Oregon, Washington, and Hawaii resulted in, 34 symptomatic positive cases, 18 asymptomatic positives, 112 false positives, 55 heterozygotes, 11 lost to follow-up, and 12 diagnosed of other disorders¹⁰⁵. Retrospective analysis of 75 patients from Germany, Switzerland, Austria and the Netherlands revealed that dietary treatment is effective in many patients and can prevent acute metabolic derangements and prevent or reverse severe long-term complications such as cardiomyopathy. However, 38% of patients had intermittent muscle weakness and pain despite adhering to therapy¹⁰³. Some false negatives have been reported, in some cases by normalization of the markers in the second requested sample¹⁰⁴ and in others because of normal results in the first analyzed sample, achieving the diagnosis in post-mortem samples¹⁰⁶.

Long-chain 3-hydroxyacyl-CoA dehydrogenase deficiency and mitochondrial trifunctional protein deficiency

Long chain 3-hydroxyacyl-CoA dehydrogenase (LCHAD) deficiency, (OMIM#609016) and mitochondrial trifunctional protein (MTP) deficiency (OMIM # 609015) have the same primary markers in DBS: 3-hydroxyhexadecanoylcarnitine (C16-OH), 3-

hydroxyoctadecanoylcarnitine (C18-OH), 3-hydroxyoctadecenoylcarnitine (C18:1-OH) and a high ratio of C16-OH/C16 among others (Fig. 3).

Benefits of NBS. Generalized MTP deficiency has high early mortality rate¹⁰⁵. In both disorders, neuropathy and retinopathy are progressive and irreversible despite treatment measures¹⁰⁴. Several studies revealed that some patients developed satisfactorily while others, particularly MTP patients, did not survive¹⁰⁸⁻¹⁰⁹. Despite detection by NBS, some patients with MTP deficiency died few weeks after birth, or they were already severely ill at the time the NBS results¹¹⁰⁻¹¹¹.

Carnitine transporter deficiency

Carnitine transporter deficiency (CTD, OMIM#212140) is identified in NBS by the extremely low levels free carnitine (C0) and other primary markers particularly low C16, octadecenoylcarnitine (C18:1) and C3 (Fig. 3). False positives have been detected. In some cases low C0 is secondary to malnutrition, organic acidemias or other FAO disorders. Mothers with this condition have been detected because their infants have low levels of carnitine at birth¹¹²⁻¹¹³.

Benefits of NBS. In a study of 6 patients, 4 were asymptomatic, 1 showed hypoglycaemia and 1 showed movement disorders from 2 years of age, but their **clinical** symptoms disappeared 3 months later increasing the dose of carnitine administration¹¹⁴. In another cohort of 11 patients, although some of them developed symptoms they responded favorably to supplementation with carnitine⁸³.

Carnitine palmitoyltransferase I deficiency

NBS of carnitine palmitoyltransferase I deficiency (CPT1, OMIM#255120) is performed by the identification of high levels of C0 and high ratio C0/(C16+C18), together a decrease of C16 among others (Fig. 3). Some false positives can be detected as C0 levels can be high due to sepsis¹¹⁵.

Benefits of NBS. CPT 1 deficiency may often be benign, although early presentation with hypoketotic hypoglycaemia also occurs¹⁰⁵. Patients with a prevalent mutation in Alaska natives c.1436C>T can be missed by NBS¹¹⁶.

Carnitine palmitoyltransferase II deficiency and of carnitine acylcarnitine translocase deficiency

The deficiency of carnitine palmitoyltransferase II (CPT2, OMIM#255110, 600649, 608836) and of carnitine acylcarnitine translocase (CACT, OMIM # 212138) have the same increased primary markers in DBS, high C16 and high (C16+C18:1)/C2 ratio

among others (Fig. 3). Specific enzyme testing in lymphocytes or fibroblasts or molecular analysis is necessary to achieve the differential diagnosis.

Benefits of NBS. After NBS identification and early treatment some patients remain asymptomatic. However, CACT and neonatal CPT2 deficiencies have an extremely high neonatal mortality rate, and some cases can die or present symptoms before the NBS result is obtained¹¹⁷⁻¹¹⁸.

It is important to advise that the acylcarnitine profile in DBS of some patients can be normal and CPT2 deficiency can be missed¹¹⁹. Some false negatives have been reported, especially in for the late-onset form¹²⁰⁻¹²².

Multiple acyl-CoA dehydrogenase (MAD) deficiency or glutaric aciduria type II

MAD deficiency (OMIM#231680) is identified by an generalized increase of acylcarnitines (Fig. 3). Specificity is highly improved by the measurement of 2-hydroxyglutaric acid, glutaric acid and ethylmalonic acid in DBS as second tier test.

Benefits of NBS. Some patients remain asymptomatic after NBS identification and early treatment. However, some patients with the neonatal form have a severe presentation and premature death¹²³.

Other inherited metabolic disorders

Biotinidase deficiency

Biotinidase deficiency (OMIM#253260) an autosomal recessive inherited metabolic disease of biotin metabolism. The disease is detected in the NBS programs through the analysis of biotinidase activity¹²⁴.

Benefits of NBS. Among the reported benefits of NBS we would like to remark the cohort of patients reported by Weber et al (2004)¹²⁵, and that reported by Couce et al (2011)¹²⁶. In the first one, the authors compared the clinical evolution of patients with profound biotinidase deficiency detected by NBS, with a group of patients diagnosed through the clinical symptoms. The median follow-up was 6 years. All 25 cases diagnosed by NBS and treated with biotin showed normal psychomotor development. Patients with profound biotinidase deficiency (<1%) not detected by NBS, but treated later with biotin showed delay in the acquisition of several items in addition to sensorineural hearing loss. In the second series¹²⁶ the follow-up of 15 cases detected by NBS were compared with 6 cases diagnosed after the onset of symptoms. All of the children but one, of the first group remained asymptomatic for more than 10 years. Of

the 6 patients diagnosed clinically, 3 had sensorineural hearing loss (2 with partial biotinidase deficiency), and the other 3 patients had a variety of clinical symptoms. Therefore, biotinidase deficiency meets most of the criteria for inclusion in NBS programs: a) the affected child exhibits no symptoms at birth, b) the disease causes severe neurological damage c) the treatment of these patients is the oral administration of pharmacological doses of biotin, which prevents the onset of symptoms and normal development of the patient. d) a simple and inexpensive test¹²⁶⁻¹²⁷.

Classic Galactosemia

Galactosemia (OMIM#230400) is an inherited metabolic disease characterized by the inability to metabolize galactose into glucose due to a deficiency of galactose uridylyltransferase 1-phosphate (GALT). NBS is performed by measuring galactose and galactose-1-phosphate is analyzed in DBS by fluorimetry or by tandem MS/MS¹²⁸.

Benefits of NBS. There is no doubt that NBS identification and early treatment (based on the restriction of dietary galactose) reduces morbidity and mortality and possible disabilities¹²⁹. According to the results of an international survey of 371 patients in Europe and the US, 91% of infants treated at birth, as a result of an affected brother, showed no neonatal symptoms¹³⁰. However, the benefits of NBS are still matter of debate and controversy¹³¹. The main arguments used against NBS is that most infants already show the characteristic symptoms of galactosemia and develop complications before screening results are obtained. On the other hand it seems that long term outcome of patients diagnosed clinically and those diagnosed by NBS do not differ significantly. Hughes et al (2009)¹³² compared a group of patients (n=14) that does not comply strictly with the diet, and a group that achieves strict consumption of galactose (n = 8). These authors observed¹³² that long-term complications do not differ between the two groups. Therefore, there is still a need for evidence-based recommendations to better standardize treatment for this disorder¹³³.

Future diseases to be included in the NBS programs

Lysosomal diseases (LSDs)

Currently there is a great interest in the inclusion of LSDs in the NBS programs. In the past, although there was a good evidence of a better outcomes when treatment was initiated early in life, there was no proven high-throughput screening test available. Nowadays, several screening tests have been established and have been shown that the prevalence of LSDs is more frequent than previously expected.

- Pompe disease (OMIM#232300) has been included as core condition in the uniform screening panel in USA. Pompe disease is screened in Taiwan, Austria and Hungary¹³⁴⁻¹³⁶. The long-term beneficial effects of an early treatment in patients with Pompe disease have been recently published¹³⁷⁻¹³⁸.
- Krabbe disease (OMIM# 245200) is included in the NBS programs of New York, Illinois, New Mexico, New Jersey, Arizona, and Pennsylvania¹³⁴, but reports on the beneficial effects of NBS are still pending.
- Fabry disease (OMIM#301500) is screened in Missouri¹³⁵, and pilot studies have been conducted in Taiwan, China, Austria, Hungary and Washington^{134,136}.
- Mucopolysaccharidosis type I (MPS I) (OMIM#607014) is screened in Missouri and Illinois. Pilot studies are at present running in Washington, Austria, Hungary, and Taiwan^{134,135}.
- Gaucher disease (OMIM# 606463) is included in the NBS programs of Missouri, Illinois and Korea¹³⁴⁻¹³⁶.
- NBS pilot studies for Niemann Pick type A and B have been conducted in Austria, Hungary, and¹³⁴.

Recently, benefits of the NBS for LSDs discussed is discussed in a recent report¹³⁹. Pompe disease has been considered the most appropriate, and Krabbe the least. MPSI and MPSII were overall considered favorably, but MPSI ranked higher, due to a perception of better efficacy of the therapeutic options. Fabry and Gaucher diseases were viewed less favorably due to the ethical problems in the late forms of both diseases.

X-linked adrenoleukodystrophy (X-ALD)

Since hematopoietic cell therapy (HCT) is an available intervention for X-ALD (OMIM#300100), if diagnosed and treated before the onset of clinical symptoms, there has been a strong interest in improving pre-symptomatic detection. The new tests in DBS removed a major barrier to the implementation of newborn screening for X-ALD¹⁴⁰⁻¹⁴¹. This disease was included recently in the New York and California programs¹⁴².

Ornithine transcarbamylase (OTC) deficiency

OTC deficiency (OMIM# 311250) is the most frequent urea cycle defects. In the severe cases even extremely early diagnosis does not seem to improve prognosis very much, but the newborns suffering from less severe deficiencies may have a better outcome if

diagnosed and treated during the first days of life. OTC deficiency is identified in NBS by a low citrulline levels in DBS, however this is not a reliable marker for OTC¹⁴³. Today new methods have been described to measure orotic acid in DBS to improve the detection¹⁴⁴.

Wilson disease

Wilson's disease (OMIM#277900) is an autosomal recessive disorder of copper transport. Early detection of Wilson's disease can prevent lifelong neurological disabilities and/or cirrhosis. Currently, there are no effective biomarkers for NBS of Wilson disease, but new methods are ongoing to be developed¹⁴⁵.

Guanidinoacetate methyltransferase (GAMT) deficiency

Guanidinoacetate methyltransferase (GAMT, OMIM#601240) deficiency is a creatine biosynthesis disorder. Intellectual disability is not reversed by treatment once it is instated, but presymptomatic treatment is predicted to improve outcomes, prompting interest in NBS¹⁴⁶. Improvement in the identification of GAMT in DBS are now being developed¹⁴⁷.

Conclusion.

We have reviewed the inherited metabolic diseases included in worldwide neonatal screening (NBS) programs in 2016. Evidences of benefits are also reported, as well as future directions of the NBS programs. We conclude with a paragraph from a report of Raffle and Gray 2007⁹ that is still useful nowadays: "All screening programs do harm. Some do good as well and, of these, some do more good than harm at reasonable cost".

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Figure 1. Diagnostic algorithm of amino acid disorders in NBS program.

Allo-ile: Alloisoleucine; ASA: argininsuccinic acid; ASL: argininsuccinic acid lyase deficiency; BIOPT: biopterin defects; CBS: cystathionine- β -synthase; Cit: citrulline; CIT I: citrullinemia type I; CIT II: citrullinemia type II; H-MET: hypermethioninemias; H-PHE: hyperphenylalaninemia; Met: methionine; MMA: methylmalonic acid; MSUD: maple syrup urine disease; PC: pyruvate carboxylase; Phe: phenylalanine; PKU: phenylketonuria; RMD: remethylation defects; Suac; succinylacetone; tHCY: total

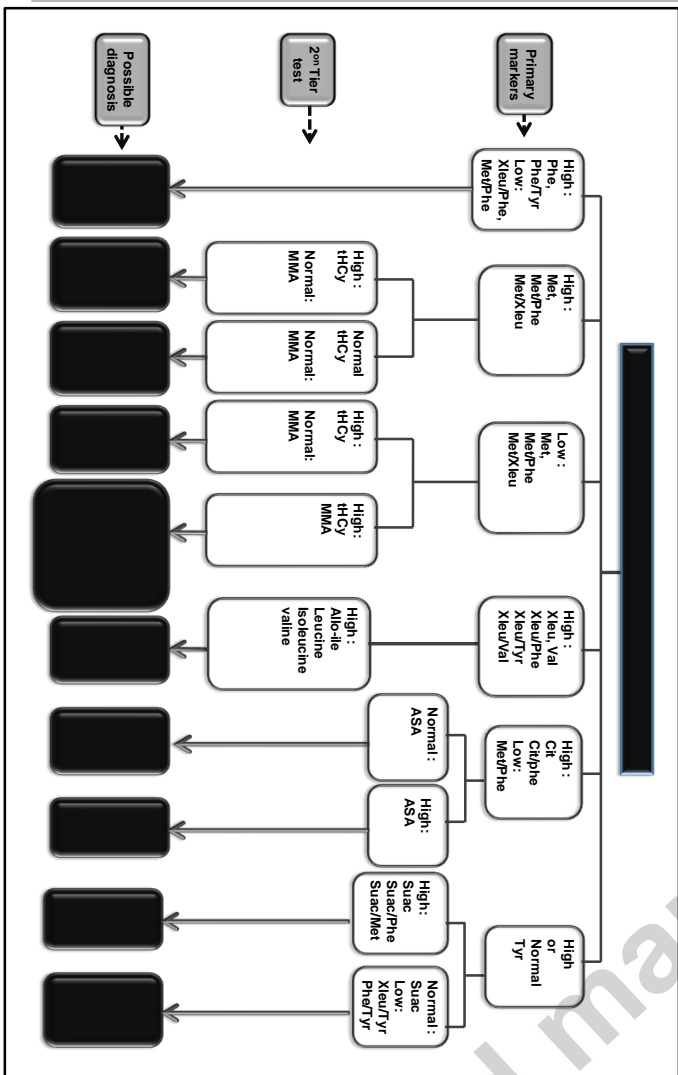
homocysteine; Tyr: tyrosine; TYR I: tyrosinemia type I; TYR II: tyrosinemia type II; TYR III: tyrosinemia type III; Val: valine; XLeu: leucine/isoleucine.

Figure 2. Diagnostic algorithm of organic acidurias in NBS program.

BKT: beta-ketothiolase deficiency; BTD: biotinidase deficiency; C0: free carnitine; C2: acetylcarnitine; C3: propionylcarnitine; C3DC: malonylcarnitine; C4OH: 3-hydroxy butyryl **carnitine**; **C5: isovalerylcarnitine**; **C5:1**: tiglyl/3-methylcrotonylcarnitine; **C5DC: glutarylcarnitine**; **C5OH: 3-Hydroxyisovalerylcarnitine**; C6DC: methylglutarilcarnitine; C8: octanoylcarnitine; **C16: hexadecanoylcarnitine**; **C17: heptadecanoylcarnitine**; GA: glutaric acid; GA1: glutaric aciduria type 1; 3HGA: 3-hydroxyglutaric acid; **HMG: 3-hydroxy-3-methylglutaric aciduria**; HSD10: 17 β -**hydroxysteroid dehydrogenase type 10 deficiency**; IVA: isovaleric aciduria; 2MBG: **2-methylbutyrylglycinuria**; MCA: methylcitric acid; 3MCC: 3-methylcrotonylglycinuria; **MCD: multiple carboxylase deficiency**; Met: methionine; MGA: 3-methylglutaconic aciduria; MMA: methylmalonic acid; PA: propionic aciduria; tHCY: total homocysteine.

Figure 3. Diagnostic algorithm of fatty acid β -oxidation disorders in NBS program.

C0= free carnitine; C2: acetylcarnitine; C3: **propionylcarnitine**; **C5: isovalerylcarnitine**; C6: hexanoylcarnitine; C8: octanoylcarnitine; C8:1: octenoylcarnitine; C10: decanoylcarnitine; C10:1: decenoylcarnitine; C12: dodecanoylcarnitine; C12:1: dodecenoylcarnitine; C14: tetradecanoylcarnitine; C14:1: tetradecenoylcarnitine; C14:2: tetradecadienylcarnitine; **C16: hexadecanoylcarnitine**; C16-OH: 3-hydroxyhexadecanoylcarnitine; C16:1-OH: 3-hydroxyhexadecenoylcarnitine; C18: octadecanoylcarnitine; C18:1: octadecenoylcarnitine; C18:2: octadecadienylcarnitine; C18:1-OH: 3-hydroxyoctadecenoylcarnitine; C18-OH: 3-hydroxyoctadecanoylcarnitine; CACT: carnitine-acylcarnitine translocase deficiency; CPT1: **carnitine palmitoyl transferase 1A deficiency**; CPT2: **carnitine palmitoyltransferase 2 deficiency**; CTD: carnitine transporter deficiency; GA1: glutaric aciduria type 1; GA2: **multiple acyl-CoA dehydrogenase deficiency**; LCHAD: **long-chain 3-hydroxyacyl-CoA dehydrogenase deficiency**; MCAD: medium-chain acyl-Co A dehydrogenase deficiency; MTP: mitochondrial trifunctional protein defect; VLCAD: **very long chain acyl-CoA dehydrogenase deficiency**.



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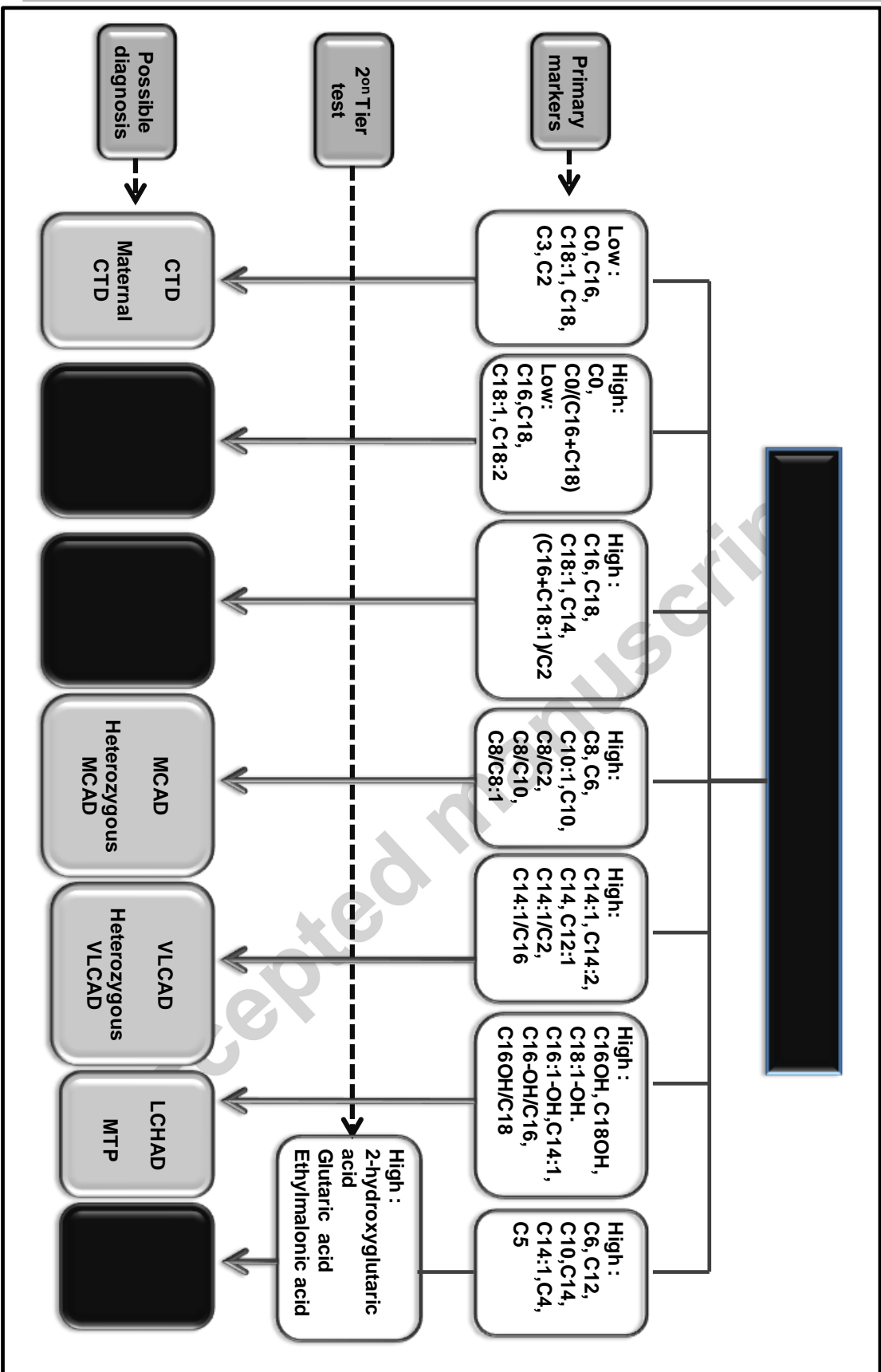


Table 3. Newborn screening panel of inherited metabolic diseases in the different geographic areas worldwide in 2016

Disease	United States number of states/total number	Canada number of states/total number	Europe number of countries/total number	Middle East and North Africa number of countries/total number	Latin America number of countries/total number	Asia Pacific number of countries/total number
Amino acid disorders						
Phenylketonuria (PKU)	51/51	15/15	41/48	16/21 but limited or selective	15/20	12/24
Homocystinuria (HCY)	49/51	5/15 †††	28/48	16/21 but limited or selective	9/20	11/24
Maple syrup urine disease (MSUD)	49/51	5/15 †††	28/48	16/21 but limited or selective	5/20	12/24
Citrullinemia type I (CIT I)	49/51	5/15 †††	28/48	16/21 but limited or selective or in less population	9/20	12/24
Argininosuccinic aciduria (ASA)	49/51	5/15 †††	28/48	0/21	0/20	0/24
Tyrosinemia type I (TYR I)	49/51	5/15 †††	28/48	16/21 but limited or selective	9/20	12/24
Other secondary conditions ***	13/51 all conditions 36/51 not all conditions	1/15	8/48	0/21	0/20	0/24
Organic acid disorders						
Propionic acidemia (PA)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
Methylmalonic acidemia (MUT, CblA, CblB)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
Methylmalonic acidemia with homocystinuria (CblC, CblD)	21/51	1/15 †	10/48	0/21	0/20	0/24
Glutaric acidemia type I (GA I)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
3-methylcrotonyl-glycinuria (3-MCC)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
3-hydroxy-3-methyl glutaric aciduria (HMG)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
Holocarboxylase synthase deficiency	49/51	4/15 †	20/48	16/21 but limited or	9/20	12/24

(MCD)				selective		
B-Ketothiolase deficiency (BKT)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
Isovaleric academia (IVA)	49/51	4/15 †	20/48	16/21 but limited or selective	9/20	12/24
Other secondary conditions *	21/51 all conditions 25/51 not all conditions	1/15 †	10/48	0/21	0/20	0/24
Fatty acid β-oxidation disorders						
Medium-chain acyl-CoA dehydrogenase deficiency (MCAD)	51/51	15/15	23/48	16/21 but limited or selective	9/20	12/24
Very long-chain acyl-CoA dehydrogenase deficiency (VLCAD)	51/51	9/15 ⁺⁺	23/48	16/21 but limited or selective	9/20	12/24
Long-chain 3-hydroxyacyl-CoA dehydrogenase deficiency (LCHAD)	51/51	9/15 ⁺⁺	23/48	16/21 but limited or selective	9/20	12/24
Trifunctional protein deficiency (TFP)	51/51	9/15 ⁺⁺	23/48	16/21 but limited or selective	9/20	12/24
Carnitine transport defect (CTD)	51/51	9/15 ⁺⁺	23/48	16/21 but limited or selective	9/20	12/24
Carnitine palmitoyltransferase I deficiency (CPT I)	11/51	1/15	13/48	0/21	0/20	0/24
Carnitine palmitoyltransferase II deficiency (CPT II)	11/51	1/15	13/48	0/21	0/20	0/24
Carnitine-acylcarnitine translocase deficiency (CACT)	11/51	1/15	13/48	0/21	0/20	0/24
Glutaric acidemia type II (GA II)	11/51	1/15	13/48	0/21	0/20	0/24
Other secondary conditions **	11/51 all conditions 38/51 not all conditions	1/15	13/48	0/21	0/20	0/24
Other disorders						
Biotinidase deficiency (BIOT)	51/51	7/15	14/48	0/21	10/20	0/24
Classic Galactosemia (GALT)	51/51	8/15	13/48	0/21	14/20	9/24
Glycogen storage disease type II (Pompe)	5/51	0/15	0/48	0/21	0/20	0/24
Mucopolysaccharidosis type 1 (MPS 1)	2/51	0/15	0/48	0/21	0/20	0/24
X-linked adrenoleukodystrophy (X-ALD)	3/51	0/15	0/48	0/21	0/20	0/24
Others ****	3/51	0/15	3/48	0/21	3/20	11/24

* Malonic acidemia; isobutyrylglycinuria; 2-methylbutyrylglycinuria; 3-methylglutaconic acidurias; 2-methyl-3-hydroxybutyric acidurias.

** Short-chain acyl-CoA dehydrogenase deficiency; Medium/Short-chain L-3-hydroxyacyl-CoA dehydrogenase deficiency; Medium-chain ketoacyl-CoA thiolase deficiency; 2,4-dienoyl-CoA reductase deficiency.

*** Argininemia; Citrullinemia type II; Hypermethioninemia; Bening hyperphenylalaninemia; Biotpterin defects; Tyrosinemia type II and III;

**** Galactoepimerase deficiency; Galactokinase deficiency; T-cell related lymphocyte deficiencies; Glucose-6-phosphate dehydrogenase deficiency; Other lysosomal diseases.

† There are 11 states that screen for some organic acidurias without specifying.

†† There are 6 states that screen for some fatty acid oxidation disorders without specifying.

††† There are 9 states that screen for some amino acid disorders without specifying.